



# LUNCHTIME

## Traditional Spring Summer 2025

### Allergy Free

Week  
One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Bacon, Beans, Wedges & Roast Tomatoes	Garlic chicken Rice Salad with Mixed Greens	Roast Pork, New Potatoes, Cabbage, Carrots & Gravy	Tomato and Basil Chicken with Rice & Green Salad	BBQ Chicken, Chips & Beans
Option 2	Mushroom, Beans, Wedges & Roast Tomatoes	Jacket Potato with Beans & Crudites	Mushroom & Sweet Potato Sausages, Cabbage, Carrots, New Potatoes & Gravy	Veggie Stir Fry with Rice & Green Salad	Veggie Bean Patty, Chips & Beans
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Apple & Orange Wedges	Jelly Selection	Watermelon Wedge	Strawberry and Pineapple Jelly	Rocket Lolly
Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a orange background are the same as the core menu.					



Ready to  
serve





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### Allergy Free

Week  
Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	<b>Beef Bolognese</b> with Rice, Sweetcorn & Peas	<b>BBQ Chicken</b> with Paprika Wedges and Green Beans	<b>Roast Gammon</b> Skin on Roasties, Mixed Greens & Gravy	<b>Meatballs</b> Served with Mash, Carrots, Green Beans & Gravy	<b>Sweet Chilli Chicken,</b> Chips & Beans
Option 2	<b>Veggie Bolognese</b> with Rice, Sweetcorn & Peas	<b>BBQ Beans</b> with Paprika Wedges and Green Beans	<b>Mushroom &amp; Sweet Potato Sausages,</b> Skin on Roasties, Mixed Greens & Gravy	<b>Jacket Potato</b> with Beans & Crudites	<b>Veggie Bean Patty,</b> Chips & Beans
Jacket Potatoes	<b>Crispy Skin Jacket Potato</b>				
Dessert	<b>Pineapple Sticks</b>	<b>Watermelon Wedge</b>	<b>Jelly Selection</b>	<b>Apple &amp; Orange Wedges</b>	<b>Rocket Lolly</b>
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## Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	<b>BBQ Sweetcorn</b> Wedges served with Green Salad	<b>Meatball Bake</b> topped with Mash served with Green Beans	<b>Roast Chicken,</b> Skin on Roasties Served with Carrots, Peas & Gravy	<b>Chilli Con Carne</b> Served with Rice & Sweetcorn	<b>BBQ Chicken,</b> Chips & Beans
Option 2	<b>Jacket Potato</b> with Beans & Green Salad	<b>Veggie Shepherds Pie</b> Served with Green Beans	<b>Mushroom &amp; Sweet Potato Sausages,</b> Skin on Roasties with Carrots, Peas & Gravy	<b>Vegetable Ratatouille</b> Served with Rice & Sweetcorn	<b>Veggie Bean Patty,</b> Chips & Beans
Jacket Potatoes	<b>Crispy Skin Jacket Potato</b>				
Dessert	<b>Apple &amp; Orange Wedges</b>	<b>Jelly Selection</b>	<b>Peach and Pineapple Jelly</b>	<b>Watermelon Wedges</b>	<b>Rocket Lolly</b>
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Ready to  
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